

EDMONTON  
TRIATHLON  
ACADEMY

**ETA ATHLETE-COACH AGREEMENT  
POLICY**

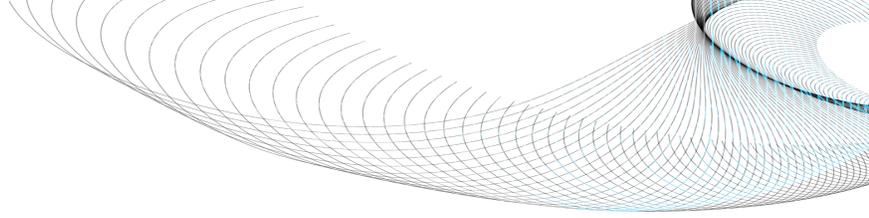
## ETA Athlete-Coach Agreement Policy

Revised by the Edmonton Triathlon Academy Board 'July 8, 2021'.

Thank you for choosing to become a member of the Edmonton Triathlon Academy (ETA). The Board of Directors and coaches welcome you to our club. As with any club or organization, when it comes to competing, there are certain behavioural expectations, designed to not only inform the athlete but also to protect the athlete and the club from possible legal implications. See below for details.

### Members of the ETA shall:

- ▶ Direct any coaches trying to recruit you as an ETA athlete to the ETA head coach specifically as the National Coaching Certification Program (NCCP) - <https://coach.ca/national-coaching-certification-program> “coach on record”. This is a professional courtesy expected between professional coaches which facilitates and ensures the transfer of knowledge between programs/clubs. The ETA will not prevent athletes from progressing and want to inform the new coaches of your training history.
- ▶ Abide by the disciplinary and appeals procedure of the ETA or Alberta Triathlon Association (ATA) when representing the provincial or Canadian teams with general application to conduct and discipline.
- ▶ Follow the athletes’ agreed team values “BE FAST” in regard to respecting all the ETA members.
- ▶ Conduct themselves in a professional manner at all times and use appropriate language in all settings when representing or attending to ETA functions
- ▶ Agree not to make, comment, issue, or endorse any public criticism or statement, whether written, televised or posted on social media, having or designed to have a prejudicial effect on the interests, welfare or image of triathlon, duathlon and other multisport or the ETA or ETA’s partners.
- ▶ Advise the ETA head coach of any current medical conditions or any medical history of treatments with this signed athlete agreement.



- ▶ Complete an athlete/coach interview when joining and subsequently complete the ETA documented season review each off-season (Nov-December) and a shorter informal meeting pre-season (March-April) to review current performances and plan future performance progressions. Parents of athletes under the age of 18 must participate in their children's performance planning meetings.
- ▶ Commit to the program with the highest reasonable attendance rates.
- ▶ Compete in the championship competitions as planned by the head coach.

### **At the elite level, members of the ETA agree:**

- ▶ To fully accept 100% accountability for knowingly or unknowingly taking a banned substance on the World Anti-Doping Agency prohibited list.
- ▶ To understand the principle of strict liability under the Canadian Centre for Ethics in Sport. This means the athlete is responsible for any substance that may be detected in their sample, even if they didn't intend or know they were in fact taking banned substances. Considerations of intent, fault, negligence, and knowledge are not relevant for these violations.
- ▶ To accept responsibility for what the athlete consumes.
- ▶ Athletes can find out if their medications are prohibited using the following:

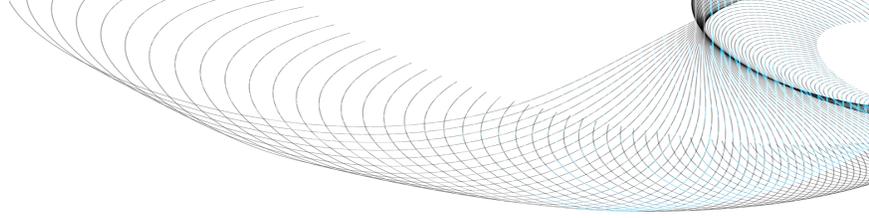
<https://cces.ca/prohibited-list>

Global DRO: [www.globaldro.com](http://www.globaldro.com)

Email: [substances@cces.ca](mailto:substances@cces.ca)

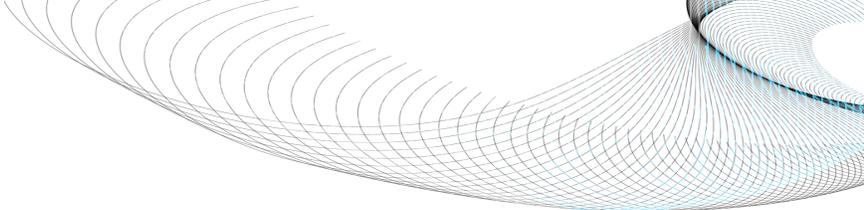
Info Line: 1-800-672-7775

- ▶ Athletes who require a prohibited medication for the treatment of an illness or condition should verify their medical exemption requirements through the following Medical Exemption Wizard.
- ▶ The athlete and parent agree to inform the head coach whether their Triathlon goals are participation-based, or provincial/national/international elite performance-based in their communications with the head coach. Racing goals can change and are expected as athletes move from high school to university/employment.



- ▶ Performance-focused athletes and parents should understand Triathlon Canada's selection policies and gold medal profile to clearly appreciate the performance speeds, commitment and dedication into adulthood needed to reach these levels.
- ▶ Youth athletes under 16's should read and understand the Kids of Steel Triathlon guidelines <https://www.triathlonalberta.ca/kos>
- ▶ Athletes should consult with the head coach before purchasing any high-level or expensive equipment to ensure that the equipment abides by race rules and is suitable for the athlete.
- ▶ To understand the ETA does not enter the athletes into events.
- ▶ To be a member of the ATA in order to train at the ETA.
- ▶ To have a current draft legal certification in order to race in draft-legal events.
- ▶ Athletes racing in any International Triathlon Union (ITU: [www.triathlon.org](http://www.triathlon.org)) races need to undergo a Pre-participation Performance Evaluation and submit the results to Triathlon Canada. [https://www.triathloncanada.com/wp-content/uploads/Pre-Participation-Medical-Exam\\_EN.pdf](https://www.triathloncanada.com/wp-content/uploads/Pre-Participation-Medical-Exam_EN.pdf)
- ▶ Athletes racing in ITU events need to submit entries to Triathlon Canada 45 days before the race date.
- ▶ Athletes racing ITU events will know if they are on the start list 32 days before the event by checking the [triathlon.org](http://triathlon.org) events page under start lists men/women.
- ▶ Athletes shall race in the ETA uniform unless representing at a provincial games event, WCSG, CSG, a national or major international championship where uniform rule requirements dictate otherwise.

The athlete agrees and acknowledges that participation in, or observation of sport, could constitute a risk of serious injury to him or herself, including permanent paralysis or death. The athlete voluntarily and knowingly recognizes, accepts and assumes this risk and warrants to ETA and ETA's partners that the athlete is physically fit and able to compete in ETA events without risking serious injury, including permanent paralysis or death. Furthermore, the athlete releases the ETA, ETA's partners, their sponsors, event sponsors, event organizers and officials from any liability there from.



I understand that failure to abide by the above conditions may result in disciplinary actions by the society of the Edmonton Triathlon Academy.

Date: \_\_\_\_\_

Athlete Name: \_\_\_\_\_

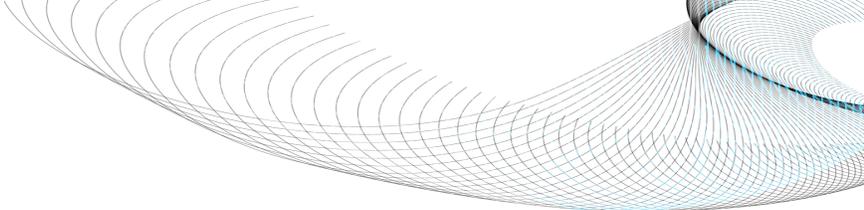
Athlete Signature: \_\_\_\_\_

Signature of parent or guardian if under 18: \_\_\_\_\_

Alberta Triathlon Association membership number: \_\_\_\_\_

Head Coach Signature: \_\_\_\_\_

Kevin Clark



## **Emergency contacts**

#1 Contact Name:

Relationship:

Contact numbers

Home:

Mobile:

#2 Contact Name:

Relationship:

Contact numbers

Home:

Mobile: